

Meditation Notes

Volume 4: Family and
Marriage

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Unless otherwise indicated, all meditation notes are derived from the New King James Version of the Bible.

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Introduction

God desires that our lives are filled with love for Him and His people. He wants us to journey through life by His wisdom and guidance. He wishes that we prosper financially and be in good health, soul and body. If you are married, intend to, or have children, God wants you to have a great family. And if you are in Christian ministry like myself, you are designed to be extraordinary like Jesus.

The purpose of these Meditation Notes therefore is to help you be all that God wants you to be in every area of life. By speaking them out loud to yourself, these power-filled confessions from the Holy Bible will spiritually impact your heart and your mind will progressively be renewed. Then you will experience radical yet positive changes in your love walk, character, decision making, finances, health and family.

By verbally meditating on God's Word, Joshua was assured of prosperity and success (Joshua 1:8). We too, as we give ourselves wholly to these meditation notes, our progress and development will be evident to all (1 Timothy 4:15), and to ourselves.

This is Volume 4 - Family and Marriage. Other volumes are Volume 1 - Love and Character, Volume 2 - Wisdom and Guidance, Volume 3 - Prosperity and Favour, Volume 5 - Health and Well-Being and Volume 6 - Ministry.

Genesis

We are fruitful and multiply; we fill the earth and subdue it; we have dominion over the fish of the sea, over the birds of the air, and over every living thing that moves on the earth (1:28)

My wife is a helper comparable to me. She is bone of my bones and flesh of my flesh (2:18,23)

God makes me a great nation; He blesses me and makes my name great; I am a blessing; those who bless me are blessed, and those who curse me are cursed of the Lord. In me all families of the earth are blessed (12:2,3)

I am a father of many people and kings shall come from me (17:5,6)

My wife is a mother of many people and kings shall be from her (17:16)

God blesses my children; they are fruitful and multiply exceedingly (17:20)

I command my children and household after me to keep the way of the Lord, to do righteousness and justice (18:19)

The barren bares children (20:17)

God blesses me and multiplies my descendants as the stars of the heaven and as the sand which is on the seashore; and my descendants possess the gates of their enemies (22:17)

My children possess the gates of those who hate them (24:60)

God has blessed me with the blessings of the breasts and of the womb (49:25)

Exodus

I am fruitful and increase abundantly; I multiply and grow exceedingly mighty (1:7)

My children are beautiful (2:2)

My children honor their father and mother, so their days are long on the earth. I do not commit adultery (20:12,14)

My wife shall not suffer miscarriage or be barren (23:26)

Leviticus

My children revere their father and mother (19:3)

My house is dedicated to the Lord (27:14)

Numbers

I carry my children to a land of prosperity, as a guardian carries a nursing child (11:12)

Deuteronomy

God carries my children, as a man carries his son, in all the way that they go (1:31)

My children shall possess the promised land (1:39)

I teach my children and grandchildren the things my eyes have seen (4:9)

My children honor their father and mother that their days may be long and that it may be well with them (5:16)

I do not commit adultery (5:18)

I teach the Word of God diligently to my children, we talk of it when we sit in the house, when we walk in the way, when we lie down, and when we rise up (6:7)

God blesses the fruit of my womb. There is no barrenness (7:13)

I chasten my children (8:5)

I teach the Word of God to my children, speaking of it when I sit in my house, when I walk by the way, when I lie down, and when I rise up - that my days and the days of my children may be multiplied, like the days of the heavens above the earth (11:19,21)

Blessed is the fruit of my body (28:4)

The secret things belong to the Lord my God, but those things which are revealed belong to me and to my children (29:29)

I have chosen life that I and my descendants may live (30:19)

Joshua

As for me and my house we will serve the Lord (24:15)

Judges

The generation after me will know God and the work He has done for me (2:10)

God teaches us what we should do for our children (13:8)

First Samuel

My children are given to the Lord all the days of their lives (1:11)

My wife is of good understanding and beautiful in appearance (25:3)

Second Samuel

The ark of the Lord is in my house, and He blesses me and all my household (6:11)

God makes me a house (7:11)

God is Father to my children, and they are His children. If they commit iniquity, He will chasten them. But His mercy shall not depart from them (7:14,15)

It has pleased the Lord to bless my house (7:29)

God restores unto me the land of my grandfather (9:7)

My daughter is a woman of beautiful appearance (14:27)

First Chronicles

I am more honorable than all my siblings; the Lord blesses me and enlarges my territory; His hand is with me and He keeps me from evil that I may not cause pain (4:9,10)

The presence of God is in my house; therefore God blesses my house and all that I have (13:14)

The Lord builds me a house and a family (17:10)

God regards me according to the rank of a man of high degree (17:17)

Daughters are born to me who are women of rest; God will give them rest from all their enemies all around; peace and quietness shall be given to them. They are God's children, and God is their Father (22:9,10)

Second Chronicles

God has given me wise children, endowed with prudence and understanding (2:12)

Ezra

We humble ourselves before my God, to seek from Him the right way for us and our little ones and all our possessions (8:21)

Esther

My wife honors me her husband (1:20)

I am master in my own house (1:22)

Job

God has made a hedge around me, and around my household (1:10)

My tent is in peace; I visit my dwelling and find nothing amiss (5:24)

In all the land is found no women as beautiful as my daughters and I give them an inheritance (42:15)

I see my children and grandchildren for four generations (42:16)

Psalms

My children are God's children, He begat them; He gives the nations for their inheritance, and the ends of the earth for their possession (2:7,8)

Out of the my mouth of my children God has ordained strength (8:2)

God is with my generation which is righteous (14:5)

I the righteous are never forsaken by God and my children will never beg bread; I am merciful, I give, and my children are blessed (37:25,26)

I have become a stranger to my brothers and an alien to my mother's children because zeal for God's house has eaten me up (69:8,9)

My children will tell their children of God and His Word, that they may set their hope in Him (78:6,7)

God will not utterly take His loving-kindness from my children, nor allow His faithfulness to fail; His covenant He will not break nor alter the Word that has gone out of His lips. Once He has sworn by His holiness; He will not lie to me: my seed shall endure forever; it shall be established forever (89:33-37)

God's work appears to me and His glory to my children (90:16)

I am God's servant: my children will continue and my descendants will be established before God (102:28)

The mercy of the Lord is from everlasting to everlasting on me who fears Him, and His righteousness is to my children's children because I keep His covenant and remember His commandments to do them (103:17,18)

I am blessed because I fear the Lord and greatly delight in His commandments. My descendants are mighty on the earth, my generation is blessed; wealth and riches are in my house (112:1-3)

The Lord increases me more and more, I and my children (115:14)

My children are a heritage from the Lord, they are a reward; they shall never be ashamed (127:3,5)

My wife is like a fruitful vine in the very heart of my house, my children are like olive plants all around my table; and I shall see my children's children (128:3,6)

Proverbs

My children hear the instruction of their father, they do not forsake the law of their mother; for they will be graceful ornaments on their heads, and chains about their necks. If sinners entice them, they do not consent (1:8-10)

My house is blessed because I am just (3:33)

I rejoice in the wife of my youth, as a loving deer and a graceful doe her breasts satisfy me at all times and I am always enraptured with her love (5:18,19)

My children are wise, they make me glad; they are not the grief of their mother (10:1)

My wife is excellent, she is my crown (12:4)

My house will stand for I am righteous (12:7)

I leave an inheritance to my children's children, because I am a good man (13:22)

I love my children and so promptly discipline them by not sparing the rod (13:24)

My wife is wise, she builds her house (14:1)

My tent, my house will flourish; it shall not be overthrown as for the wicked (14:11)

In my house there is much treasure, because I am righteous (15:6)

My wise children make my heart glad, they do not despise their mother (15:20)

My children's children are my crown, and I am the glory of my children (17:6)

I found a good thing when I found my wife and I obtained favor from the Lord (18:22)

Houses and riches are an inheritance from me to my children (19:14)

My prudent wife is from the Lord (19:14)

I chasten my children while there is hope (19:18)

My children are known by their deeds, whatever they do is pure and right (20:11)

I train my children in the way they should go, when they are old they will not depart from it (22:6)

The rod of correction drives foolishness from my children (22:15)

I do not withhold correction from my children, I beat them with a rod and so deliver their souls from hell (23:13,14)

My children do not despise their mother when she is old (23:22)

I greatly rejoice, because my children are righteous; we are glad parents and my wife rejoices because of our children (23:24,25)

Through wisdom my house is built, and by understanding it is established; by knowledge the rooms are filled with all precious and pleasant riches (24:3,4)

My children are wise, and they make my heart glad (27:11)

My children are discerning, they keep the Word of God; they are not companions of gluttons who shame their father (28:7)

My children love wisdom so my heart rejoices (29:3)

My children are not left to themselves to bring shame to their mother, but the rod and rebuke gives them wisdom (29:15)

I correct my children and they give me rest; yes, they give delight to my soul (29:17)

My wife is virtuous; her worth is far above rubies. My heart safely trusts her, so I have no lack of gain. She does me good and not evil all the days of her life. She seeks wool and flax and willingly works with her hands. She is like the merchant ships; she brings her food from afar. She also rises while it is yet night, and provides food for her maidservants. She considers a field and buys it; from her profits she plants a vineyard. She girds herself with strength, and strengthens her arms. She perceives that her merchandise is good, and her lamp does not go out by night. She stretches out her hands to the distaff, and her hand holds the spindle. She extends her hand to the poor, yes; she reaches out her hands to the needy. She is not afraid of snow for her household, for all her household is clothed with scarlet. She makes tapestry for herself; her clothing is fine linen and purple. I am known in the gates, when I sit down among the elders of the land. She makes linen garments and sells them, and supplies sashes for the merchants. Strength and honor are her clothing; she shall rejoice in time to come. She opens her mouth with wisdom, and on her tongue is the law of kindness. She watches over the ways of her household, and does not eat the bread of idleness. Our children rise up and call her blessed; I her husband also, and I praise her: "Many daughters have done well, but you excel them all" (31:10-29)

My wife fears the Lord, she is blessed; I give her the fruit of her hands, her own works praise her in the gates (31:30,31)

Ecclesiastes

Two are better than one because we have a good reward for our labor; for if one of us falls, the other will lift up his companion; if two lie down together we keep ourselves warm; though one may be overpowered by another, two can withstand him, and a threefold cord is not quickly broken (4:9-12)

Because I please God, I escape from the woman whose heart is snares and nets and whose hands are fetters (7:26)

I live joyfully with my wife whom I love (9:9)

Isaiah

Here I am and the children whom the Lord has given me! We are for signs and wonders from the Lord of hosts (8:18)

Unto me children are born, unto me children are given; and the government shall be upon their shoulders (9:6)

I shall dwell in a peaceful habitation, in secure dwellings, and in quiet resting places (32:18)

I make known God's truth to my children (38:19)

God pours His Spirit on my descendants, and His blessing on my offspring; they will spring up among the grass like willows by the watercourses. One will say, "I am the Lord's" and another will call himself by the name of Jacob; another will write with his hand, "The Lord's" and name himself by the name of Israel (44:3-5)

God has upheld my children from birth, and carried them from the womb: Even to their old age God is He, and even to their gray hairs He will carry them. He has made them, and He will bear; He will carry, and will deliver them (46:3,4)

A woman can forget her nursing child, and not have compassion on the son of her womb; yet the Lord will not forget my children. He has inscribed them on the palms of His hands; their walls are continually before Him (49:15,16)

I enlarge the place of my tent, and stretch out the curtains of my dwellings; I do not spare, I lengthen my cords and strengthen my stakes; for I shall expand to the left and to the right, and my descendants will inherit the nations and make the desolate cities inhabited (54:2,3)

All my children shall be taught by the Lord, and great shall be the peace of my children (54:13)

My house is God's house of prayer for all nations (56:7)

God's Spirit who is upon me and His Words which He has put in my mouth shall not depart from my mouth nor from the mouth of my descendants, nor from the mouth of my descendants' descendants from this time and forevermore (59:21)

My sons are brought from afar, their silver and gold with them, to the Name of the Lord my God, and to the Holy One of Israel, because He has glorified me. Also my people are righteous; they inherit the land forever, the branch of God's planting, the work of His hands, that He may be glorified. A little one becomes a thousand and a small one a strong nation. The Lord hastens this (60:9,21,22)

My descendants shall be known among the Gentiles, and their offspring among the people. All who see them shall acknowledge them, that they are the posterity whom the Lord has blessed (61:9)

Doubtless God is my children's Father; the Lord is their Father (63:16)

The Lord is my children's Father (64:8)

My children are not for trouble; they are descendants of the blessed of the Lord and their offspring with them (65:23)

Jeremiah

Before God formed my children in the womb He knew them; before they were born He sanctified them; He ordained them 'prophets' to the nations (1:5)

Hosea

God loves my children, and out of Egypt He calls them; He teaches them to walk taking them by their arms; He draws them with gentle cords, with bands of love and He is to them as those who take the yoke from their neck. He stoops and feeds them (11:1,3,4)

Joel

God pours His Spirit on us; my children prophesy (2:28)

The Lord is my shelter, and the strength of my children (3:16)

Zechariah

My house is like God, like the Angel of the Lord before people (12:8)

The Lord pours on my house the Spirit of grace and supplication (12:10)

Malachi

My children honor their father (1:6)

God is witness between me and the wife of my youth, with whom I have not dealt treacherously; for she is my companion and my wife by covenant. He made us one, having a remnant of the Spirit because He seeks godly offspring. Therefore I take heed to my spirit, and I do not deal treacherously with the wife of my youth (2:14,15)

The Gospels (Matthew, Mark, Luke and John)

I have joy and gladness, and many will rejoice at our children's birth. For they will be great in the sight of the Lord. They will turn many of the children of Israel to the Lord their God. They will also go before the Lord to turn the hearts of the fathers to the children, and the disobedient to the wisdom of the just, to make ready a people prepared for the Lord (Lk1:14-17)

Blessed is the fruit of my womb (Lk1:42)

My children are destined for the rising and falling of many, and for a sign which will be spoken against (Lk2:34)

Out of Egypt, God calls my children (Mt2:15)

My children are about their Father's business (Lk2:49)

My children are God's beloved children in whom He is well pleased (Mt3:17; Mk1:11; Lk3:22)

I know how to give good gifts to my children (Mt7:11)

I love father and mother less than Jesus. And I love children less than Jesus (Mt10:37)

My children can do nothing of themselves, but what they see their Father do; for whatever He does, they do in like manner. For the Father loves them, and shows them all things that He Himself does; and He will show them greater works (Jn5:19,20)

My children do not seek their own will but the will of the Father who sent them (Jn5:30)

The works which the Father has given my children to finish – the very works that they do – bear witness of them, that the Father has sent them (Jn5:36)

My children honor their father and mother (Mt15:4; Mk7:10)

My children are God's children, in whom He is well pleased (Mt17:5; Mk9:7; Lk9:35)

My children are humble, therefore they are the greatest in the kingdom of heaven (Mt18:4)

I leave my father and mother and are joined to my wife, and the two of us become one flesh. So then, we are no longer two but one flesh. Therefore what God has joined together, let not man separate (Mt19:5,6; Mk10:7,8,9)

I shall not commit adultery. My children honor their father and mother (Mt19:18,19; Mk10:19)

I have left houses, brothers, sisters, father, mother, wife, children and lands, for Jesus' sake and the gospel's. Therefore I receive a hundredfold now in this time with persecutions and in the age to come eternal life (Mt19:29; Mk10:29,30)

I thank You, Father, Lord of heaven and earth, that You have hidden things from the wise and prudent and revealed them to my children. Even so, Father, for so it seemed good in Your sight. All things have been delivered to my children by their Father God (Lk10:21,22)

My house is not divided against itself, therefore it cannot fall (Lk11:27)

Blessed is the womb that bore my children, and the breasts which nursed them. (Lk11:28)

My children are always with their Father God, and all that He has is theirs (Lk15:31,32)

My house is a house of prayer (Lk19:46)

My children do nothing of themselves; but as Father God taught them, they speak. The Father has not left them alone, for they always do those things that please Him (Jn8:28,29)

As the Father knows my children, even so they know the Father (Jn10:15)

The works that my children do in their Father's Name, they bear witness of them (Jn10:25)

My house is called a house of prayer for all nations (Mt21:13; Mk11:17; Lk19:46)

Out of my children's mouth, God has perfected praise (Mt21:16)

Whatever my children speak, just as the Father has told them, so they speak (Jn12:50)

My children love Jesus and so keep His Word; and the Father loves them (Jn14:23)

By this their Father is glorified, that my children bear much fruit (Jn15:7,8)

As the Father loved Jesus, He also has loved my children; they abide in His love. They keep His commandments and abide in His love, just as Jesus kept the Father's commandments and abode in His love (Jn15:9,10)

Whatever my children ask the Father in the Name of Jesus He gives them. They ask and receive and their joy is full (Jn16:23,24)

The Father Himself loves my children, because they have loved Jesus, and have believed that He came forth from God (Jn16:27)

The Father keeps my children from the evil one (Jn17:15)

Father, I desire my children to be with Jesus where He is, that they may behold His glory which You gave Him; for You loved Him before the foundation of the world (Jn17:24)

Jesus sends my children just as the Father sent Him (Jn20:21)

The Acts of the Apostles

God pours out His Spirit; my children prophesy (2:17)

I fear God with my entire house (10:2)

Romans

My children are led by the Spirit of God, they are children of God (8:14)

The Spirit bears witness with my children's spirits that they are children of God, and if children, then heirs – heirs of God and joint heirs with Christ (8:16,17)

First Corinthians

I render to my wife the affection due her and likewise my wife to me. My wife does not have authority over her body but I do, and likewise I do not have authority over my own body, but my wife does (7:3,4)

My wife will never depart from me and I will never divorce my wife (7:10,11)

The time is short, so that from now on I am as though I have no wife (7:29)

I care about the things of the world – how I may please my wife. My wife cares about the things of the world – how she may please me (7:33,34)

In malice, my children are babes (14:20)

Second Corinthians

I lay up wealth for my children; they do not lay up for me (12:14)

Galatians

It pleased God who separated my children from their mother's womb and called them through His grace, to reveal His Son in them, that they might preach Him in all nations (1:15,16)

My children are children of God through faith in Christ Jesus (3:26)

The Holy Spirit in my children cries out, "Abba Father!" because they are children of God. Therefore they are not slaves but children, and if children, then heirs of God through Christ (4:6,7)

Ephesians

My children walk as children of light in all goodness, righteousness and truth (5:8,9)

My wife submits to me as to the Lord for I am her head as also Christ is head of the church; and He is the Savior of the body. Therefore just as the church is subject to Christ, my wife is subject to me in everything (5:22-24)

I love my wife just as Christ also loved the church and gave Himself for her, that He might sanctify and cleanse her with the washing of water by the Word, that He might present her to Himself a glorious church, not having spot or wrinkle or any such thing, but that she should be holy and without blemish. So I love her as my own body which I nourish and cherish (5:25-29)

My children obey their parents in the Lord and it goes well with them and they live long on the earth. I do not provoke them to wrath but bring them up in the training and admonition of the Lord (6:1,3,4)

Colossians

My wife submits to me as it is fitting in the Lord (3:18)

I love my wife and I am not bitter towards her (3:19)

My children obey their parents in all things for it is well pleasing to the Lord (3:20)

I do not provoke my children lest they become discouraged (3:21)

First Timothy

My wife is saved in childbearing as she continues in faith, love, and holiness, with self-control (2:15)

I am the husband of one wife, hospitable; I rule my own house well, having my children in submission with all reverence (I know how to rule my own house). My wife is reverent, not a slanderer, temperate, faithful in all things (3:2,4,5,11)

I am the husband of one wife, ruling my children and my own house well (3:12)

I repay my parents; for this is good and acceptable before God (5:4)

I provide for my own especially those of my household (5:8)

Titus

I am the husband of one wife, having children not accused of dissipation or insubordination (1:6)

Hebrews

My children are God's children, He has begotten them; He is their Father and they are His children (1:5)

My children do not despise the chastening of the Lord, nor are they discouraged when He rebukes them. For who the Lord loves He chastens, and scourges every child whom He receives (12:5,6)

I correct my children for their profit, and they respect me for that (12:9)

My marriage is honorable among all and my bed is undefiled (13:4)

James

Every good gift and every perfect gift in my children is from above and comes down from their Father of lights, with whom there is no variation or shadow of turning. Of His own will He brought them forth by the Word of truth, that they might be a kind of first fruits of His creatures (1:17,18)

First Peter

Blessed be the God and Father of my children, who according to His abundant mercy has begotten them to a living hope through the resurrection of Jesus Christ from the dead, to an inheritance that is incorruptible and undefiled and that does not fade away, reserved in heaven for them, who are kept by the power of God through faith for salvation ready to be revealed in the last time (1:3-5)

My wife submits to me her own husband; her adornment is not merely outward, rather it is the hidden person of the heart with the incorruptible beauty of a gentle and quiet spirit, which is very precious in the sight of God. For in this manner, in former times, the holy women who trusted in God also adorned themselves, being submissive to their own husbands, as Sarah obeyed Abraham, calling him lord, whose daughter she is (3:1,3-6)

I likewise, dwell with my wife with understanding, giving honor to her, as to the weaker vessel, and as being heirs together of the grace of life, that my prayers may not be hindered (3:7)

First John

My children practice righteousness because they are born of God (2:29)

Meditation Notes: Family and Marriage

Behold what manner of love the Father has bestowed on my children, that they should be called children of God! Therefore the world does not know them, because it did not know Him. They are now children of God (3:1,2)